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#### First Selectman's Corner

I want to start by addressing the elephant in the room – the COVID-19 outbreak. I'm writing this on March 20<sup>th</sup>. Today we had our first positive COVID-19 test in Haddam. Because of the delay between when I'm writing this and when you're reading it, I won't give you an update on the outbreak; rather I'll address how we move forward. (Please check our website, www.haddam.org, for an update.)

Hopefully, by now we've settled into our new routines. I expect the number of people infected will still be growing but maybe there won't be as many changes and new disruptions. I've heard the media and others talk about "our new normal." They are wrong. The outbreak is a major disruption to our lives, it won't be over quickly, but it will end. This is not our new normal. Yes, there will be some permanent changes from it but many of those will be good ones.

In town government, we're learning how to use technology to give more of you the chance to see and participate in our meetings. This crisis gives us more incentive to move government functions online, like permitting, so you don't have to come to the Town Office Building. This isn't rocket science or cutting edge technology. Other towns have done it, we just haven't had enough incentive. Other positive changes will happen elsewhere.

Hopefully, we remember and implement the lessons we're learning now to better prepare for next time. I don't know what long term changes will result from the outbreak except for one - we will be a tighter knit community because of this challenge.



First Selectman Robert McGarry

For now, all I ask is that you keep

doing what we do best in small towns - caring for each other. Do what you can for your neighbors especially elderly ones. Support our local businesses, they need us now more than ever. Together we will get through this.

Since the next edition of Haddam Events won't be published before we start on this year's roadwork here's a list of what is planned. As always the project start times and durations depend heavily on contractor availability, weather and the actual conditions found when the shovels hit the ground.

continued on page 2





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18 Industrial Park Road, P.O.Box 205 Centerbrook, CT 06409 860-767-9087 Fax 860-767-0259 email: print@essexprinting.com www.essexprinting.com

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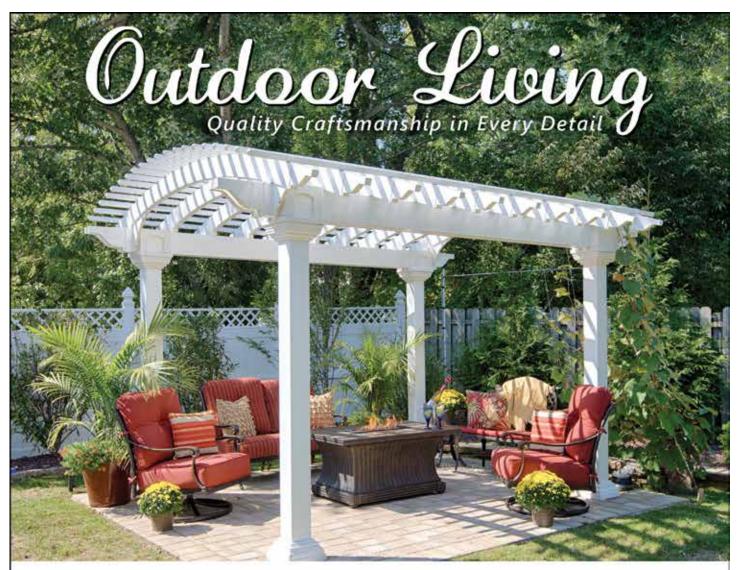
#### **CONTENTS**

First Selectman's Corner3
Publisher's Note6
What Does the Board of
Assessment Appeals Do?6
The Haddam Shad Museum8
Brainerd Library9
Haddam-Killingworth
Recreation Department12
Middlesex Health's Mayo Clinic Care
Network Membership and You13
Capella Cantorum
50th Anniversary Celebration14
Youth & Family Services Inc15
Vista's Virtual Reality16
Updates from the Tax Office17
The Last Word18

#### First Selectman's Corner... continued from page 3

- Hurd Park Road, Clarkhurst Road Add a second layer of asphalt to finish the work started last year.
- Injun Hollow Road Shim pave and chip seal
- Rock Landing Road Drainage work, mill and fill, and a structural overlay
- Christian Hill Road Complete drainage work, grind, grade and pave
- Dublin Hill Road Drainage work, grind, grade and pave
- Lt Shubael Road Mill and fill
- Depot Road Grind, grade and pave
- Little City Road (from Sima to Killingworth Road) This is a long stretch of road and conditions vary along it. The work will depend upon the local conditions but will include drainage, grind, grade and pave, and chip seal as appropriate
- Beaver Meadow Culvert Replace deteriorating metal covert with a concrete one
- Candlewood Hill Phase 1 (Saybrook Road to Laurel Heights)
   Complete rebuild including widening and smoothing of the curves by the Scovil Hoe buildings (DOT garage).

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#### **Publisher's Note**

As of press time, our country is still in the midst of the COVID-19 pandemic. These are, indeed, difficult times for all. Included in this issue of Haddam Events Magazines is information regarding various programs and activities that span the upcoming quarter (April through June). Given the circumstances, some dates and times are subject to change. Please check with the applicable organizations for any potential changes and/or cancellations.

We hope that the situation resolves as quickly as possible and that we can all get back to some sense of normalcy! Please take note of tips for protecting yourself in these uncertain times (on pages 9-11). Our "The Last Word" feature on page 18 celebrates the good that occurs in our communities when we band together in times of crisis.

We are pleased to be able to continue to provide you with Haddam Events Magazines. Please stay safe and healthy. We look forward to celebrating better times ahead!

William E. McMinn

#### What Does the Board of Assessment Appeals Do?

This board is among the oldest governmental agencies, dating back to colonial times.

The BAA was created by state law and its powers affect both the municipality (Grand List – tax base) and the taxpayer. The purpose of the BAA is to "review" an assessment that the taxpayer believes the assessor erred in the valuation. In fact, the board was known as the Board of Tax Review.

It is a review board that serves independently of the assessor.

The board consists of three members elected by the voters. There is no compensation for members and they serve a term of four years. The BAA meets twice a year; in March for real estate, personal property and supplemental motor vehicle appeals.



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In September, only motor vehicle appeals are heard. The board holds public hearings in both afternoon and early evening sessions to accommodate the tax payer.

Applications are available online or in the Assessor's office. They need to be completed and returned to the Assessor's office with documentation to support the appeal. Specific instructions are at the top of the form and you are asked to type or print when completing it. After applications are received, appointments are made for your convenience. Once the appeal is heard, you will receive written notice of the BAA decision. If you disagree with that decision, your next step is to file suit in Superior Court.

The BAA hopes this will assist you in understanding our job and how the process works in Connecticut.

Your current board consists of David Beckman, Craig Salonia and Jo Ann R. Woickelman.

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#### The Haddam Shad Museum



The Haddam Shad Museum will be open on Sundays from 10 am to 3 pm from April 5<sup>th</sup> to June 14<sup>th</sup>.

The Museum, the only one of its kind in the United States, displays the history of shad fishing on the Connecticut River since colonial days. We will be glad to open it by appointment at other times for any groups interested.

The Museum Directors are familiar with both commercial and sport shad fisning. The Museum is located at 212 Saybrook Road behind the American Oil Gas Station in Higganum.

For information call (860) 267-0388.

#### Community matters...now more than ever.

This is the time for us to join together. Let's put our hearts and dollars to work for the benefit of all in Middlesex County.

Support our community with a donation of any size to the Live Local Give Local Emergency Fund. 100% of your gift will be granted to our local nonprofits.





To make a donation to the Live Local Give Local Emergency Fund, go online to www.MiddlesexCountyCF.org or give us a call at (860)347-0025.

#### **Brainerd Library**

The Library closed at 2 pm on Friday, March 13th and will remain closed until further notice.

- Please hold on to all Brainerd Library materials until re-opening as all book drops will be locked.
- Borrowers will not be responsible for fines during the closure.
- Please use our free digital resources.
- Thank You for your cooperation, and stay safe.

The following 3 articles are as prepared for the new Tech Info Library and Tech Tips by Robbie Marshall:

#### HOW TO CLEAN YOUR PHONE

Cellphones are covered in germs.

You're on it all the time and it goes everywhere with you. Studies show that most phones test positive for potential disease-causing microbes. And because you're constantly touching your phone, all that "unsanitariness" can get transferred to your face.

Sanitizing is not as simple as a quick rub-down with an antibacterial wipe! Antibacterial wipes & disinfectants are super abrasive and can damage or scratch your phone.

Disinfecting wipes *are* effective at killing germs, but can corrode and remove the protective ~oleophobic coating~ on the glass screen which repels oils from your fingers. The actual cloths can also scratch the phone. A screen protector can protect your screen, but there are other parts of your phone that can get damaged by too much liquid. So even though those wipes are convenient, they're not a good choice.

#### Safe, less abrasive but effective way to kill germs & disinfect your phone

Take a lint-free cloth (the kind you use on glasses) and spray it with a diluted alcohol solution.

**You'll need:** Bottled water, 70% isopropyl alcohol, 1 mini spray bottle and 1 microfiber or lint-free cloth.

- 1) Fill a spray bottle halfway with bottled water. Bottled water is pure and there aren't any particles or contaminants that can damage or scratch the screen.
- 2) Fill the other 1/2 of the bottle with 70% isopropyl alcohol. 70% isopropyl alcohol is less harsh and abrasive on your screen.
- 3) Replace cap & shake bottle to mix solution.
- 4) \*LIGHTLY\* spray solution on microfiber or lint-free cloth. Never spray the solution directly on your phone. Spray the cloth once or twice, but don't get it completely wet. Use the solution sparingly.

continued on page 10



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#### Cleaning your cell phone... continued from page 9

#### Rub it over your entire phone - especially those buttons!

The alcohol in the solution will dry pretty quickly, so you can use your phone again in no time. Plus, the microfiber cloth will get all the greasy smudges off your screen so it looks shiny & clean.

#### This is for once-a-week disinfecting, not every day cleaning.

Overuse with this solution can result in some slight damage to the screen's coating, so you don't want to do it more than once a week. For daily cleaning, you can just use a dry lint-free cloth.

#### **How to Make Hand Sanitizer**

By Anne Marie Helmenstine, Ph.D.

Total Time: 5 minutes Skill Level: Beginner

This is an excellent project for kids as well as adults, since the project can include a discussion about hygiene and disinfection.

You'll save money, protect yourself from germs, and can customize the scent so it doesn't smell medicinal.

#### How It Works

The active ingredient in this hand sanitizer recipe is the alcohol, which needs to comprise at least 60% of the product in order to be an effective disinfectant. The recipe calls for 99% ethanol (grain alcohol) or isopropyl alcohol (rubbing alcohol). Don't use any other types of alcohol (e.g., methanol, butanol), as they are toxic. Also, if you use a product that contains a lower

percentage of alcohol (e.g., 70% alcohol) then you need to increase the amount of alcohol or it won't be as effective.

#### **Essential Oils in Hand Sanitizer**

In addition to adding fragrance, the essential oil you choose may also help protect you against germs. For example, thyme and clove oil have antimicrobial properties. If you are using antimicrobial oils, only use a drop or two, since these oils might irritate your skin. Other oils, such as lavender or chamomile, may help soothe your skin.

#### What You'll Need:

- Bowl and spoon
- Funnel
- Bottle with pump dispenser
- 2/3 cup 99 percent rubbing alcohol (isopropyl alcohol) or ethanol
- 1/3 cup aloe vera gel
- 8 to 10 drops essential oil, optional

#### Steps to Make It

Mix the ingredients together and then use the funnel to pour them into the bottle. Screw the pump back onto the bottle and you're ready to go.

#### **Gather Your Ingredients**

Make sure you have your rubbing alcohol, aloe vera gel, and optional essential oils ready and measured out.

#### **Mix Ingredients**

Add all ingredients together in your bowl and mix thoroughly with a spoon.

#### **Pour Into Your Bottle**

Using the funnel, carefully pour your DIY hand sanitizer into the bottle of your choice, screw the top of your bottle on tight, and begin using.

#### **How to Stop Touching Your Face**

As the coronavirus outbreak nears pandemic levels, to protect against it; wash your hands and don't touch your face!

Studies show the frequency of hand-to-face contact is on average, 23 times an hour - 44% involving a mucous membrane [mouth, nose or eyes.]

Touching your face, especially around mucous membranes, makes it much easier for viruses and bacteria to enter your body, infect,

and turn you into a host to spread disease.

#### **Keep Track Of Your Face-Touching Habits**

The first step to alter a habit is to develop a strong awareness of when and why you engage in the behavior. Most people touch their faces mindlessly. They rub their eyes or grab their lips when confused; bite fingernails when nervous. Try to become hyperaware of habits, identify triggers and when to put a stop between the motivation and the action.



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#### **Try To Touch Something Else**

Free hands can roam; we touch our faces when we read or watch TV. Try to occupy your hands with something else. If you lean your face on your hand, try holding something - such as a 'worry ball' - or cross your hands over your forearms. Substitute one behavior (face touching) with another (squeezing a stress ball). Place fidget spinners, small plush toys, and other "squeezy" objects where you do the most face-touching: car, desk, sofa. Regularly and properly disinfect these objects as well.

#### Make It Uncomfortable

If you lean your face on your hand when on your computer, try wool or nubby fingerless gloves that feel uncomfortable. Gloves must be washed, but viruses don't live as long on soft materials. Eyeglasses are a barrier between eyes and hands and it is less comfortable to lean on your face. Women are less likely to touch their faces when wearing makeup. For nail-biting consider a bad-tasting polish.

#### **Put Up Reminders**

It's easy to forget throughout the day, but little reminders boost awareness and efforts. A post-it on your computer saying 'DO NOT TOUCH YOUR FACE', colleagues reminding each other, and periodic phone alarms or calendar alerts are good ways to reduce face touching.

#### **Practice Mindfulness**

Face-touching is often a nervous habit related to anxiety. Practicing mindfulness habits like intentional breathing and meditation can help you cut down on these behaviors and manage anxiety.

#### **Use Rewards or Punishments**

Rewards and punishments can incentivize you to take control of the habit. Extend all the fingers of the hand for 2-1/2 to 3 minutes. It's uncomfortable but not harmful. This trains you to be VERY aware of your hands and will keep them away. Allow binging on a television show, eat popcorn, or buy something. Nothing brings change to old behaviors like new rewards!

#### Be Realistic About Your Goal

Don't be hard on yourself if you still continue to touch your face during the day. It took years to form this habit, so expect to reduce it over time. If you touch your face 5 times an hour, make it 2 or 3 ... until it becomes 2 to 3 times a day.

#### Focus On What You Can Control More Easily

Because changing your face-touching habits requires time and effort, it's important to also focus on the protective measures you can easily take today. Other healthy behaviors that will benefit individuals and their communities amid a global health crisis include getting a flu shot, exercising, eating healthy foods, not smoking and getting 7 to 9 hours of sleep at night.





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## Haddam-Killingworth Recreation Department

#### SPRING PROGRAMS

The Haddam-Killingworth Recreation Department is offering many fun and exciting programs this spring. The brochure is posted on www.hkrec.com or call 860-345-8334 for more info. Online registration is available at www.hkrec.com.

#### A variety of Youth and Teen programs will be offered:

- Pee Wee Indoor Soccer (Wednesdays at BES, beginning April 29, 3:45pm (ages 3-4)
- Young Chefs of HK (4/1 (Blueberry Muffins), 5/6 (Granola Bars & Smoothies) at 4:15pm at the HK HS)
- Creative Art (Thursdays at BES starting April 2 & May 14;
   Tuesdays at KES starting April 28; 3:30 pm)
- Wizards School of Magic (Friday April 17 at KES; 3:30pm
- Science Outreach Bubbles Workshop (Pre-school class April 29th at 1:15 pm at the HK Old MS; 3:30 pm at BES (April 29th) and 3:30 pm at KES (April 30th)
- Vehicle Engineering (Tuesday April 28 at KES; 3:30 pm)
- Rocket Science (Tuesday May 26 at KES, Friday May 29 at BES; 3:30pm)
- Skyhawks Soccer/T-ball (Tuesdays at BES, beginning May 5, 3:30pm (Grades K - 2)
- Junior Engineering (Tuesdays at KES beginning May 5 and Thursdays at BES beginning May 7; 3:30pm)
- Archery (Wednesday, 6:30 pm, beginning April 29 at HK HS Aux. Gym)
- Corkum's Baseball Mini-Camp (Monday, April 6 and Tuesday, April 7 at the HK Old MS Gym / Softball Field, 9:00am)
- Babysitter's Training (Mondays April 13, 20, 27, 5:45 pm at the HK HS Lower Media)
- Horseback Riding (Tuesdays or Wednesdays, 5:45 6:45 pm or 7:00 – 8:00 pm, beginning April 28 for 4 weeks)
- Parent/Tot Swim and Pre-School Swim (Tuesday & Thursdays starting May 12th)

Many adult programs include Fitness Yoga, Zumba, Dog Obedience, Adult Horseback Riding, Aqua Aerobics, Semi-Private Swim Lessons, Basic Boat Course, Sr. Exercise.

Excursion that will be offered is MGM Springfield (4/8). The HK Rec. Dept. also has discounted tickets to the CT Science Museum as well as Lake Compounce, Six Flags and the Adventure Park.

#### Middlesex Health's Mayo Clinic Care Network Membership and You

Middlesex Health's membership in the Mayo Clinic Care Network benefits patients tremendously. This relationship provides Middlesex with access to information, knowledge and expertise from Mayo Clinic, the No. 1 hospital in the nation according to U.S. News & World Report.

The Mayo Clinic Care Network is a network of like-minded organizations that share a common commitment to improving the delivery of health care in their communities through high-quality, data-driven, evidence-based medical care. From eConsults and eBoards to clinical collaborations that advance health care innovation, the Mayo Clinic Care Network allows Middlesex to continue to grow and improve the programs and services it offers while keeping care close to home.

Middlesex joined the Mayo Clinic Care Network in 2015. Since, more than 800 people have benefited from eConsults, electronic second opinions from Mayo Clinic specialists that offer Middlesex patients additional peace of mind. Patients also benefit from eBoards, multi-disciplinary forums that bring Middlesex physicians together with leading Mayo experts and physicians from other Mayo Clinic Care Network hospitals. During these forums, held via video conference, clinicians review the most complex clinical cases and develop treatment options to best benefit patients.

In addition, Middlesex participates in several collaborative programs with Mayo Clinic and other Mayo Clinic Care Network members to find new ways to solve problems and improve care.

Middlesex Health remains an independent health system - one of few remaining in Connecticut, and its Mayo Clinic Care Network membership only strengthens what it can offer. Its membership in the Mayo Clinic Care Network is just one more reason why Middlesex Health is the smarter choice for care.

For more information about Middlesex Health, visit MiddlesexHealth.org.

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We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.



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#### **Cappella Cantorum - 50th Anniversary Celebration**

After hundreds of performances on stage, in churches and cathedrals all over Connecticut and Europe, and several at Carnegie Hall, the singers of Cappella Cantorum were rehearsing with gusto for their 50<sup>th</sup> anniversary concert on May 3<sup>rd</sup> at Valley Regional High School in Deep River. Unfortunately, that has been put on hold to hopefully be performed in the fall. Although we are on hiatus, we're still able to sing in our kitchens, showers, and backyards. We can even rehearse as individuals online at learning websites or with YouTube performances, giving us the chance to continue doing what we love best – performing great choral music.

Cappella, as most everyone calls this amazing chorus, was the brainchild of Old Saybrook resident Barry Asch, who was conductor and musical director for 47 years, and Phillip Zimmerman, the first president. In December 1969, following a performance of Britten's Ceremony of Carols by choir members and friends of the First Congregational Church in Essex, CT, Phil approached Barry with such enthusiasm for this gathering of choristers that he hoped they could continue the fellowship of singing major choral works, and thus Cappella was born.

The other singers in that augmented chorus felt the same way – the fellowship, the coming together to perform magnificent music has contributed to the longevity of this group for 50 years. Barry's idea of a non-auditioned chorus would allow ordinary singers the opportunity to learn and perform major pieces. This concept remains today and is Barry's crowning achievement – "the joy of conducting and bringing all those people together."

Haddam residents Becky and David Bohy joined Cappella 20 years ago. Becky remembers "the kindness and friendliness" of the group and the trust that Barry had in them to be section leaders for their parts, Becky for sopranos and David for basses. Becky often led section rehearsals, playing the piano, conducting, and singing all at the same time. She also soloed for the group at several concerts. For her, Cappella blessed her with the chance to "bring the gift of great music to the community."

Watch for future notices of our 50<sup>th</sup> Anniversary celebration and our performance of Rossini's Petite Messe Solennelle on our website: <a href="https://www.cappellacantorum.org/">https://www.cappellacantorum.org/</a>.



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#### **Youth & Family Services Inc.**

#### **FAMILY OLYMPICS**

Join us for a day of family fun, games and food. Activities will be hosted by Empower Leadership Sports and Activities on Sunday, May 17 at Parmelee Farm (465 Route 81) in Killingworth from 10 am -2 pm. Cost includes food, beverage and activities. \$10 per family. Call Youth and Family Services of HK to register at 860-345-7498 or email Laura at office@hkyfs.org. Space is limited.

#### **RUN-A-MUCK OBSTACLE COURSE**

Youth & Family Services of HK will host their  $2^{nd}$  Annual New and Improved Run-a-Muck Obstacle Course at Haddam Meadows State Park. Sunday, June 14. Registration begins at noon and race begins at 1 pm. Grades K –  $8^{th}$ . Email Laura at office@hkyfs.org to register. \$10 per person before May  $29^{th}$ . After May  $29^{th}$  will be \$15 per person.

#### DRUG TAKE BACK

April 25 is National Prescription Drug Take Back Day. We will be at Killingworth Pharmacy from 10 am – 2 pm to collect all unused or expired medication for safe disposal.

#### PIZZA DELIVERY NIGHT

Saturday, April 25. Place your order with Pizzeria Da Vinci (860-663-2256) Killingworth, or Pizzeria Da Vinci (860-345-2251) Higganum/ Haddam. Between 4 – 8pm and we will deliver your order to your door for a \$5 delivery fee. Delivery and (tips) will benefit Youth & Family Services of Haddam-Killingworth.











#### **Vista's Virtual Reality**



Vista Life Innovations launched its innovative virtual programming to ensure the continued delivery of supportive services to individuals with disabilities. This robust virtual platform connects Vista staff to their virtual learners.

In preparing its students and members for a life of greater independence in this social distancing reality, Vista has reimagined its programs and services. Virtual learners attend daily individual and small group lessons to develop their adult learning, but lessons expand beyond the classroom. Vista's staff also help students and members navigate the complexities of new social dynamics as well as health and safety guidelines.

Remote learning is a journey for everyone and the entire Vista community will continue to transition together. Vista is humbled and inspired to see students and members translate their coping and self-advocacy skills within this new platform.

Vista Life Innovations is a 501©3 nonprofit organization with campuses in Madison and Westbrook. Vista's mission is to provide services and resources to assist individuals with disabilities achieve personal success.

For more information about Vista, please visit www.vistalifeinnovations.org.

#### **Updates from the Tax Office**

It's hard to believe that we are already looking ahead to getting the bills ready for July.

The bills that are coming out in July will be for the 2019 Grand List. They cover from October 1, 2019, to September 30, 2020.

If you have sold a vehicle or cancelled a registration during this time frame, please give our office a call. DMV does not notify us of such changes. You could continue to receive a tax bill for a vehicle you no longer own. The sooner we can address the issue the better.

If you require a clearance for DMV and you make an online payment, call the Tax Office and let us know. The online system does not automatically trigger a clearance. Online payments are not in real-time on our website and won't show until they are manually posted in the office.

You will receive an email with the payment details. If you have prior year bills, you will need to contact us directly to make arrangements for payment. All money collected must be applied to the oldest bills first.

If you would like a receipt mailed to you, please do not use the envelope provided in the original mailing. Mail your payments and a self-addressed stamped envelope directly to the office at 30 Field Park Drive, Haddam CT 06438. This will ensure that we know what we need to mail a receipt back for.

Our website, Haddam.org, has many answers to our most common questions.

Please call the office at 860-345-8531 x 207/ 206 or email at <a href="mailto:taxcollect@haddam.com">taxcollect@haddam.com</a> if you have any questions.

Kristin Battistoni CCMC Haddam Tax Collector

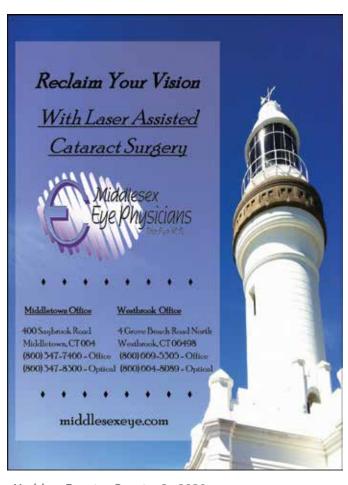


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#### A Round of Applause for Haddam - A Community That Cares.

Community is definitely different these days as we all work to find our footing in this ever-changing situation. With social distancing and stay-at-home, sometimes it can be very difficult to feel connected, to know that you are part of the community, and that the community is still there.

Every day we see people coming together, talking across fences, stopping by someone's home to wave from a car, and finding new and fun ways to connect online. Individuals, businesses, and organizations are stepping forward to share important information and essential services that will get us through this together and help us remember we are not alone.

We'd like to share just a few of the wonderful organizations going that extra mile to help Haddam – and the surrounding region – connect and thrive.

#### COMMUNITY PARTNERSHIPS SUPPLYING ESSENTIALS - & SMILES!



The HK Backpack Program (HKBP), a volunteer-driven, local initiative providing backpacks filled with food and snacks for children in need, continue their work and partnership during this current situation.

HK Backpack Program collaborates with Haddam Social Services,

RSD17 school district, and Haddam Killingworth Youth & Family Services to support families in need. With schools closed for the time being, HKBP continues to serve the community. Instead of providing backpacks at schools, the volunteers are packing reusable grocery bags with food and snacks. In addition to food items, HKBP appreciates donations of personal hygiene products such as toothpaste and soap to include in the bags. Every little bit helps!

RSD 17 Food Service continues to serve their students with bagged breakfast and lunch bundles for its families. If a family is in need, parents or guardians can email the Food Service Director at: sshettleworth@rsd17.org. Please include how many meals are needed and for how many days. The distribution site is behind Burr Elementary School Monday through Thursday between 9:30 and 11:30 am.

The **Haddam Emergency Food Bank** is serving the town's most vulnerable families and seniors. If you can provide a few extra cans of vegetables, boxes of pasta, or containers of oatmeal, you will truly be neighbors helping neighbors. Please call the Haddam Emergency Food Bank at: 860-345-4621 for more information.

**Haddam Senior & Social Services** is still providing grab and go lunches on Monday, Wednesday, and Friday. Please call the Senior Center at: 860-345-2480 to order your lunch.

A big THANK YOU to all the volunteers and to you for donating much needed food so that no member of our community is hungry. The Haddam community is always there to lend a helping hand and make things better for their neighbors and friends.

#### COMMUNITY CHALLENGE: HELP SPREAD SOME LOVE, KINDNESS, & FOOD IN OUR COMMUNITY

(Submitted by Jessica Condil, Haddam Social Services)

HK Dairy Barn, CT Horse Cremation, and the Blaschke family have launched a campaign to help our community! The idea is to support local restaurants so meals can be donated to families in need. The Blashke family has launched this campaign in conjunction with a donation to two local restaurants, Dino's Restaurant and Deb's Restaurant. If you can help, you can contribute directly to a restaurant, and Jessica Condil, Haddam Social Services, will coordinate with the restaurant to connect the meals with families in need. For more information, please contact Jessica Condil, Haddam Social Services at: 860-345-4621

#### Do You Like To Sew? Haddam Social Services Needs Your Help



Can you sew or know someone who does? Middlesex Health has asked for help with donations of handmade masks. With the COVID-19 pandemic spreading across the globe,

this is an easy way to help our community and help keep our local healthcare workers safe. If anyone is in need of fabric, we are giving out fabric at the Haddam Senior Center for masks on Mondays from 10:00 am -11:00 am.

Haddam Social Services is seeking masks for local residents who work at Middlesex Hospital. Donations can be dropped off to Haddam Social Services at: 11 Jail Hill Road, Haddam or email at: socialservices@haddam.org or call Jessica Condil at: 860-345-4621. Crafting is a great way to reduce stress and anxiety during these trying times-helping others is an added benefit!

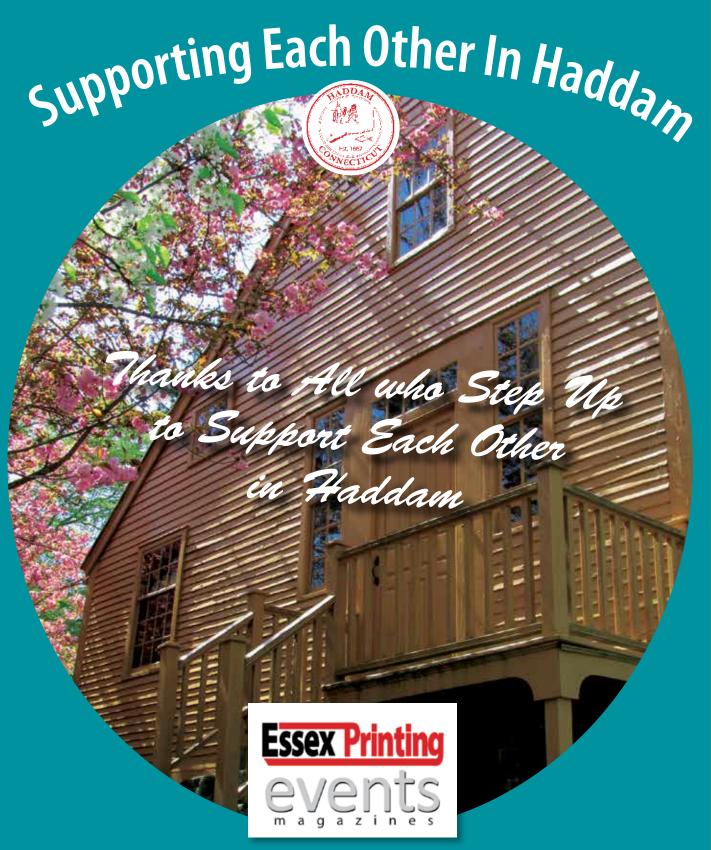
#### IN TIMES OF GREAT NEED, YOU ARE NOT ALONE.



We are surrounded by Great People Doing Great Things every day. And this is never more evident than right now. We see it through the generosity of individuals and businesses. We see it in the work of our nonprofits that are on the frontline doing what they do best ... meeting the critical needs of our friends and neighbors. With generous support from Guilford Savings Bank and Pratt & Whitney, the Community Foundation launched the LIVE

LOCAL GIVE LOCAL EMERGENCY FUND to give added support to those community organizations that are meeting the basic needs of local residents throughout our community.

Please consider a donation of any size to the Live Local Give Local Emergency Fund. To donate, please visit: www.MiddlesexCountyCF. org. 100% of your gift will be granted to our local nonprofits. Thank you for being GREAT People doing Great Things right here in Haddam.



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